

Bookstart Home Visits

Bookstart is a session that takes place in the comfort of your own home. Children aged 1-2 years are visited by us to introduce them to the joys of stories and rhymes and to help them develop communication and language skills. These sessions will help your child become school ready
Please ask a member of staff to book your visit

1-1 Advice

Need help and advice with stages such as...
Weaning?
Toilet training?
Child behaviour?
Speech and language?
Call 516310 or 653677 to make an appointment.

Contact Us:

Castleton Children's Centre
Melville Street, Rochdale
OL11 2PL

Tel: 01706 516310 (Mon, Tue and Wed)

Sandbrook Children's Centre

Hartley Lane, Rochdale
OL11 2LR

Tel: 01706 653677

Do you need any general support ?

Please book an appointment with our Citizen's Advice Advisor

Every Friday morning at Sandbrook Children's Centre
Lots of availability—Must Book

Join us online:

www.rochdale.gov.uk/childrenscentres



Find us as:
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[rochdalecouncil](https://www.rochdalecouncil.gov.uk)

Centre Opening Times

Sandbrook Children's Centre
Monday - Friday
8.00am - 6.00pm

Castleton Children's Centre
Monday - Wednesday
8.45am - 3.45pm

Home Learning

We love to see your children doing activities at home! Please send your pictures to sandbrook.homelearning@rochdale.gov.uk

Rochdale's Sure Start Children's Centres offer access to a range of support and services for families with children aged under 5 to give children the best start in life and help them to reach their potential. Services include early learning and childcare, parenting advice and health services and help for

Sure Start
Children's Centres
Rochdale



ROCHDALE
BOROUGH COUNCIL

Sandbrook and Castleton Hub

Sure Start Children's Centres



স্বাগত

All welcome!

سب کو خوش آمدید

Tolemon

Soyez Les Bien Venus



Zapraszamy wszystkich

Todos bem-vindos

歡迎各位

همگی خوش آمدید

歡迎各位

تول بنه راغلاست

Nyinyi wote Munakaribishwa

مرحبا بكم جميعا

December 2017

(see inside for opening times over
The Christmas and New Year period)



Monday

Sandbrook

9.00-12.00: **Community Midwife Bookings:** By appointment only.

10.00-11.00 **Baby Play with Sing and Sign** —A fun session with messy and sensory activities. The last 20mins will be sing & sign Suitable for babies aged 0-12 months. No session 11th December

10.30-12.00: **Sandbrook Christmas Party:** Come along and have some Christmas fun, party games, snacks and meet Santa. under 1 years. 11th December. Must book

Castleton

9.00-3.30: **Antenatal/Postnatal:** Phone 01706 516310 (Mon, Tue and Wed) to book your appointment.

9.30-11.00: **Messy Play:** A messy play session for children of all ages to explore their senses using different textures, baby foot printing also available. We enjoy getting very messy so please dress in old clothes.

(Please ring and advise of any allergies your child may have on 516310 as we use food products within this session.)

1.00-2.00: **Baby Massage:** A class to learn how to massage baby from head to toe, Must Book. Starts 22nd January 2018.

1.00-2.00 :**Baby Sensations** Musical sensory and activities to stimulate and amaze your baby, encouraging development and curiosity in a very special way. Must Book. Starts 11th December.

2.15-3.00: **Feeding Advice Drop-in:** Call in for breastfeeding, weaning and sleep advice and support with Kelly our breastfeeding champion.

Outreach

10.00-11.00: **Early Words Together:** At Balderstone Library
A fun pre-school literacy session. Come along and get 3 free books and a free creative resource pack. Suitable for 2-5yr olds. 1 hour a week for 6 weeks. Must book. Please ring (01706) 653677.

Castleton Children's Centre will close on Wednesday 20th December and will re-open on Tuesday 2nd January.



Sandbrook Children's Centre will close on Friday 22nd December and re-open on Tuesday 2nd January.

The following Health Clinics will be available at Sandbrook during the Festive period...

*Baby Clinic
Wednesday 27th December
9.30-11.15 am*

*Ante Natal / Post Natal Clinics
Wednesday 27th December 8.30—4.00pm
Thursday 28th December 9.00—3.30pm
(Appointments Only)*



Friday

Sandbrook

1.30-3.00: Play and Learn with Dough Gym/Funky Fingers: A fun play session, a session focussing on upper body and gross/fine motor skill development, which will support your child in getting ready for school. One week will be funky fingers focus and one week dough gym focus.

1.30-2.30: Let's Talk with your Baby: A fun practical session to encourage language and social skills for you and your baby. Suitable for babies aged 3-12 months. 8 week Course Must Book.

Castleton Children's Centre is closed



Castleton

Outreach

10.15-11.30: Play & Learn: At Balderstone Library
All ages welcome. A fantastic opportunity to play and learn with your children and meet other local families and to find out about your local Children's centre.

11.15-12.15: Early Words Together: At Castleton library. A fun pre-school literacy session. Come along and get 3 free books and a free creative resource pack. Suitable for 2-5yr olds. 1 hour a week for 6 weeks. Must Book. Ring (01706) 516310 or 653677.

Tuesday

Sandbrook

9.00-3.30: Antenatal/Postnatal Clinic: Phone 01706 653677 to book your appointment.

9.30-11.30: Christmas Cook and Taste: Children and parents prepare and taste food together. Delivered by link4life. 19th December Must Book.

1.30-3.00: Story & Rhyme time: Suitable for over 1 years. A fun Story and rhyme session with activities focussed around a story or rhyme and finishes with some fun singing. This session will help to promote your child's communication and language skills.

Castleton

9.30-11.00: Baby Chill and Chat : A fun session with messy and sensory activities. The last 20mins will be sing & sign. Suitable for babies aged 0-12 months. No session 12th December

10.30-12.00: Castleton Christmas Party: Come along and have some Christmas fun, party games, snacks and meet Santa. under 1 years. 12th December. Must Book.

1.30-3.00: Castleton Christmas Party: Come along and have some Christmas fun, party games, snacks and meet Santa. Over 1 years. 9th December. Must Book.

Outreach

1.30-3.00: SMURFS: at St Mary's Church
All ages welcome.
A fantastic opportunity to play and learn with your children and meet other local families. A small charge applies.

Wednesday

Sandbrook

9.00-11.30: **Stay & Play:** All ages welcome. A fantastic opportunity to play and learn with your children, meet other local families and find out what YOUR Children's Centre has to offer.

9.30-11.15: **Baby Clinic:** Get your baby weighed and get medical advice from the Health Visitors.

1.30-3.00: **Family Journey Sessions** Need help and advice with stages such as: Weaning? Sleep? Toilet training? Child behaviour? School readiness? Call 516310 or 653677 to make an appointment.

1.30-3.00: **Sandbrook Christmas party:** Come along and have some Christmas fun, party games, snacks and meet Santa. Over 1 years. 13th December. Must Book.

Castleton

9.00-11.00: **Play and Learn with Dough Gym/Funky Fingers:** A fun play session, a session that focusses on upper body and gross/fine motor skill development, which will support your child in getting ready for school. One week will be funky fingers focus and one week dough gym focus.

1.00-3.00: **Baby Clinic:** Get your baby weighed and get medical advice from the Health Visitors.

Outreach

1.30-3.00: **Physical Fun:** Come along to our soft play session at St Thomas vicarage, Cavendish Road, Kirkholt, Rochdale OL11 2QX . Meet other families, refreshments available. No session on 13th December.

1.30-2.45: **Play and Learn:** All ages welcome. A fantastic opportunity to play and learn with your children, meet other local families and find out what YOUR Children's Centre has to offer. Marland Hill primary school, Roch mills cres. OL11 . No session on 13th December.

Thursday

Sandbrook

9.00-3.30: **Antenatal/Postnatal Clinic:** Phone 01706 653677 to book your appointment.

1.30-3.00: **Messy Play:** A messy session for children age 6 months plus, to explore their senses using different textures. Baby footprints also available. We enjoy getting very messy so please dress in old clothes. (Please ring and advise of any allergies your child may have on (01706) 653677 as we use food products within this session).

1.00-2.00: **Baby Sensations:** Musical and sensory activities to stimulate and amaze your baby, encouraging development and curiosity in a very special way. Must Book. Starts 7th December

1.00-2.00: **Baby Massage:** A session where mums and dads learn how to massage baby from head to toe, suitable for babies aged 0-6 months. Must Book. Starts 11th January 2018

2.15-3.00: **Feeding Advice Drop-in:** Call in for breastfeeding, weaning and sleep advice and support with Kelly our breastfeeding champion.

Castleton

Castleton Children's Centre is closed



Outreach

9.00-10.30: **Play & Learn at St Gabriel's School** Fun physical activity session in the School Hall, all ages welcome. Last Session 14th Dec